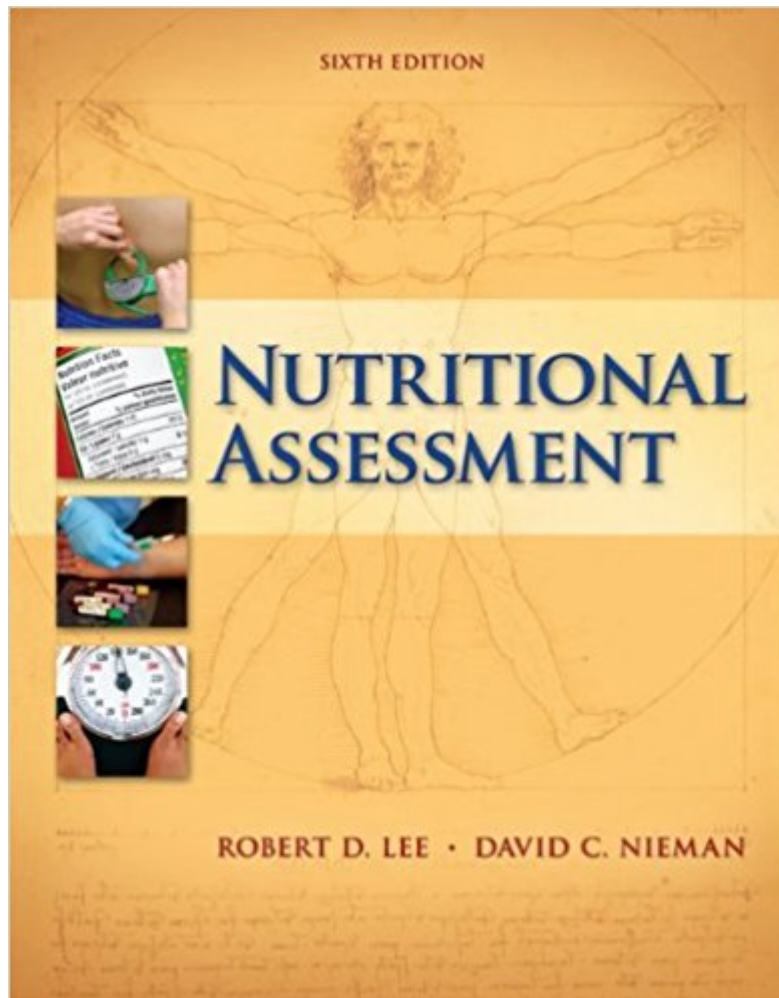




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Nutritional Assessment (Mosby Nutrition)



Synopsis

This text describes the four major methods of nutritional assessment (dietary, anthropometric, biometric, and clinical) in an understandable and contemporary way. It thoroughly covers assessment of the hospitalized individual, but also serves as an invaluable resource to the nutrition professional working in such areas as public health and community nutrition, corporate health, and sports medicine.

Book Information

Series: Mosby Nutrition

Spiral-bound: 512 pages

Publisher: McGraw-Hill Education; 6 edition (October 29, 2012)

Language: English

ISBN-10: 0078021332

ISBN-13: 978-0078021336

Product Dimensions: 9.2 x 1 x 10.6 inches

Shipping Weight: 2.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 12 customer reviews

Best Sellers Rank: #49,601 in Books (See Top 100 in Books) #40 in Books > Medical Books >

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Customer Reviews

David Nieman is a professor of health and exercise science, and director of the Human Performance Lab at Appalachian State University in North Carolina. His research focus during the past twenty years has been exercise immunology, with a secondary emphasis on sports nutrition, obesity, aging, and nutritional assessment. Dr. Nieman has more than 200 peer-reviewed publications in journals and books and is a member of eight journal editorial boards including his role as a section editor for Mosby's YearBook of Sports Medicine. He is the author of nine books on exercise, nutrition, and health. Dr. Nieman sits on the medical advisory board for the Bally Total Fitness Corporation, served two terms as president of the International Society of Exercise and Immunology, and was elected as a basic and applied science trustee for the American College of Sports Medicine. Dr. Nieman has run 58 marathons and ultramarathons, and was an acrobatic gymnast and coach for 10 years. His marathon PR is 2:37, and he has run the Pikes Peak Marathon twice, with a 16th place finish.

Great book for people just starting out or for people who want to brush up on skills and techniques. I will continue this book as I progress in my career.

just what I needed. Great text.

This book gives a comprehensive description of the different methods of nutritional assessment from anthropometry, biochemical, clinical and dietary methods. I use this book as one of the references in Nutritional Assessment, but this can also be used by students and professionals from allied health studies. For the next version, I would like to see chapters on assessment methods appropriate for emergencies, disasters, refugee settings and those for developing countries.

Helpful for assessment protocols.

I wish I would have had a need to use it more for my class but when reading the first chapter it was quite a drag.

Exactly as described

Great tool

I bought this for a class - it seems to be the same material as the US published one, but the pages don't align with what my teacher is telling us to read. It was a good deal, but I'm not convinced I'd buy an international version again.

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